SUPPORT OPERATION **HYDRATION**

We're launching Operation Hydration to make sure our homeless friends survive this hot, dry summer and have enough water to drink.

Many homeless people do not have access to enough clean water, if any at all. Without fluids, dehydration sets in and bodies suffer from thirst pains, fatigue, irritability, poor immunity, dry mouth and more. Without relief from the heat, many of our homeless friends get sun poisoning, heat cramps, heat exhaustion, and heat stroke.

Operation Hydration is our mission to supply cool, clean water to the homeless. We are purchasing water bottles and have water coolers in our kitchen and fover. Additionally, we're opening

our chapel (chilled by our swamp coolers) as a respite from the

summer swelter. Besides cool air and water, our homeless friends receive hats, sunscreen, reusable water bottles, and lip balm, along with kind words and love.

You can help by donating to the Rescue Mission today. Use the enclosed envelope, give online at RescueSaltLake. org or call 801-746-1006 to make a secure credit card donation over the phone. Besides your financial support, we are also in need of brimmed hats, SPF lip balm and sunscreen, school-sized backpacks, and hygiene items so we can help our homeless friends beat the heat this summer.

Help make Operation Hydration a success and save a life from being lost to extreme heat. Donate today!

JULY 2019 - CHAPEL AND KITCHEN SERVING SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Celebrate	1 Chapel: First Baptist West Valley	2 Chapel: Calvary Chapel of Salt Lake	3 Chapel: SMCC	4 Chapel: RMSL	5 Chapel: Mt. Oly Presbyterian	<mark>6</mark> Chapel: Bible Baptist
Freedom!	Kitchen: First Baptist West Valley	Kitchen: Intermt. Baptist Youth	Kitchen: SMCC	Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: So. Valley Comm. Church
7 Chapel: Gospel Grace	<mark>8</mark> Chapel: Intermt. Baptist	<mark>9</mark> Chapel: Unity Baptist	10 Chapel: Northern Utah Mennonite	11 Chapel: Millcreek Baptist	12 Chapel: Hilltop United Methodist	13 Chapel: Berean Bible
Kitchen: Gospel Grace	Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: Full	Kitchen: Full	Kitchen: Hilltop United Methodist	Kitchen: Calvary Chapel
<mark>14</mark> Chapel: Abundant Life	15 Chapel: Bennion Christian Center	<mark>16</mark> Chapel: K2 - The Church	17 Chapel: Discovery Christian	18 Chapel: New Begins. Christian Fellowship	19 Chapel: Southside Church of Christ	20 Chapel: RMSL
Kitchen: Volunteers Welcome!	Kitchen: Rock This City	Kitchen: Lifeline Community	Kitchen: Discovery Christian	Kitchen: Volunteers Welcome!	Kitchen: Full	Kitchen: Volunteers Welcome!
<mark>21</mark> Chapel: Abundant Life	22 Chapel: Living Waters	23 Chapel: Canyons Church	24 Chapel: First Methodist	25 Chapel: Tooele Christ. Fellowship	26 Chapel: Midvalley Bible	27 Chapel: EV Free Church of Salt Lake
Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: Fresh Life Church	Kitchen: Mudita Yoga	Kitchen: Volunteers Welcome!
28 Chapel: Grace Community Bible	29 Chapel: RMSL	30 Chapel: RMSL	31 Chapel: Fresh Life Church			8 .
Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: Volunteers Welcome!	Kitchen: Fresh Life Church			



RESCUER

The Monthly Newsletter of the Rescue Mission of Salt Lake

JIM FARLEY: The left turn that made all the difference

It's a sad admission, but I have only cried three times in my life. As you might expect, refusing to cry causes emotions to build up and remain unresolved. It's probably not a surprise, then, that I turned to alcohol to numb the pain of my unresolved emotions.

The good news is that Jesus lives to heal broken lives, like mine. I believe His hand was on me when, in the middle of a hot July day last year (2018), I made a left turn and came to the Rescue Mission. I had just been released from the hospital after another near fatal encounter with drugs and alcohol. As I came into downtown Salt Lake, the public housing shelter, which is an easy place to get drugs and alcohol, was to my right. I was tempted to turn that way. But I knew the Rescue Mission was on my left and something gave me the strength to turn that way and ask for help.



Jim Farley is sober and taking classes to become a counselor, so he can help other people get off the streets.

Since turning left that day, God has changed me.

When I came to the Mission I had a colostomy bag on my or really have a normal life, on top of the hopelessness I felt hip and was tending a broken back. The bag was from an from my addiction. intestinal surgery I had about a year earlier and my broken But once I was at the Mission my heart started to change. I back was from a drunken fall I had a few months earlier off reconnected with God. I came to realize that, through faith, an apartment balcony. Jesus lives within me. I have been filled with the Holy Spirit

I was a mess. I was a slave to addiction with multiple

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physical problems. The fact that I had to carry a colostomy bag around made me depressed. I couldn't go swimming

Please see "Jim" on page 3

Web: RescueSaltLake.org

- Social: facebook.com/rescuemissionofsaltlake Twitter/@rescuesaltlake
- Email: info@RescueSaltLake.org
- Phone: Main 801.355.1302/Donor Relations 801.746.1006
- Mail: PO Box 1431, Salt Lake City, UT 84110
- Physical Address: 463 S. 400 West, Salt Lake City, UT 84101

THE POINT IN TIME

There are many important "points in time" in *a person's life.* The point in time someone decides to put their faith in God. The point in time a person



decides to get married, have a baby, accept that job, or take that dream vacation.

For the chronically homeless, the most important time may be when they decide to leave the streets. For those interacting with the homeless, it's hard to know when that point in time may come. In the many years I have worked at the Rescue Mission, I have talked with hundreds, if not thousands, of people on the streets. Recently

I have been talking more frequently with two specific ladies, Jamee and Sara.

I, as well as many on our staff team, have spoken to both of these women about getting off the streets, but none of our appeals ever seemed to make much difference. I often wondered if we were just spinning our wheels.

But in the last few weeks, I believe I have seen the marking of a point in time when they will get off the streets. Jamee, who was recently released from jail, has now been sober for 31 days. As part of her jail release she must see her probation officer and take a drug test. Last week, Jamee gave her first ever clean drug test to a probation officer. She is working with one our counselors, Cassie, to find housing as she continues to stay sober. I never thought I would see the day that Jamee would spend a day sober, let alone 31. I also never thought she would want to live in stable housing, off the streets. Her smile is as large as life as she goes

from staff member to staff member reporting how many days she has clean and counts the days until she moves into her supportive housing.

Likewise, Sara is working with Cassie to get into a recovery program that is designed for people who have mental illness. She is definitely welcome at the Rescue Mission's Women's Center, but we want to find the best recovery program for Sara. Sara too now is wanting sobriety and pathway off the streets. She recently spent 15 days in a detox center after nearly losing her life. For years it looked like all our conversations with Jamee and Sara had little to no affect, yet now we marvel in how our conversations that built trust and respect have paid off.

Both Sara and Jamee, I pray, are experiencing the points in time that they will look back on and say, "that is the time when God lead me off the streets." These points in time should encourage all of us to remain diligent when we talk with our homeless friends and see them, day in and day out, in bondage to their struggles. While our homeless friends might seem unreceptive to our messages at times, we never know when God might use our words or actions to create a point in time in a homeless person's life.

Watching God create points in times where He changes lives is an awesome experience and something we should strive to experience. Join me in praying that God would use His people to create more life changing point in times for our homeless friends and pray for Jamee and Sara as they continue to embrace the next steps in their journey off the streets. God bless you,

Chris D. Croswhite Executive Director

	May 2019	YTD 2019
Professions of Faith	26	143
Meals	13,065	69,291
Family Food Boxes	90	563
Nights of Shelter	4,085	20,628
Clothing	2,650	21,418
Day Service/Hygiene	1,342	6,898
Jobs Obtained	5	20
Housing Obtained	4	18

JIM: CONTINUED FROM PAGE 1

and that Spirit leads me, guides me, and helps me stay sober and follow God. As I worked through the Genesis counseling at the Rescue Mission I began to open up about some of the pains that caused me to start drinking in the first place.

Both my grandfather and father were Marines and I was raised in a tough environment. My mother was an alcoholic and when I was 15 my father took me outside and told me he couldn't live at our house anymore. He told me to try to take good care of my two younger brothers, but that he was leaving.

We didn't see him for eight months, and when he did come around again it was only for brief visits. Life was hard, but I had been raised to show little emotion. I remember crying as a child only once, when my grandfather died when I was 12. Later

in life I would cry two more times-when my mother died and when my father died. But other than that, I kept my emotions in check and never let them out.

"I can't believe I am the

Because of the hurts and lack of emotion, I used alcohol

to hide my feelings. I drank so I wouldn't feel pain. Sometimes I could stay sober and hold down good jobs. Other times my drinking would grow so bad that I would lose everything and live on the streets or in homeless shelters until I could get sober again.

I do believe that at age 56 God has changed my heart and that I will not turn to alcohol again. I have realized it was the pain I felt as a child that caused me to drink and I believe that through my counseling, God has helped me to forgive and move forward.

Today I am working as an intern at the Rescue Mission. I help wherever I can. Whether it's fixing a broken sprinkler pipe at the Rescue Mission's Women's Center or talking to a homeless man who needs a listening ear, I serve where I can. As someone who has spent many days on the streets, I feel I know what the homeless need. What they need is hope. I share my story to let people know that they too can experience a changed life by joining the New Life Program. If God can change me, He can change anyone.

I fully understand that the one thing that people need in this world is hope. I also fully understand that hope is

Our Stats how your gift helps



only found in Jesus. I have completed some training to become a counselor and want to find a part time job as an addiction counselor when I graduate from the New Life Program later this summer.

Because of my broken back, I receive a small disability benefit each month, but I am allowed to work part time while still keeping my benefit. I do not know what God has in store for me, but I trust Him because he has blessed me to this point.

I have a great home church at Calvary Salt Lake and I meet with my community discipler each week to attend bible study. I was even given a car that a generous donor gave to the Rescue Mission earlier this year.

I can't believe I am the same person who walked into the Rescue Mission with a colostomy bag, a broken back, no hope, and a lifetime of baggage. I feel so free now

same person who walked into the Rescue Mission with a colostomy bag, a broken back, no hope, and a lifetime of baggage."

and the joy is overwhelming. Please pray that God would continue to direct my steps and that He would keep me close to Him. I see a future of hope in front of me and it makes me excited. Thank you

for supporting the Rescue Mission so it was there when I turned left. Please

keep me in your prayers as I try to give back and help other people who are struggling with homelessness to get off the street. Thank you again.

Jim Farley has hope after finding a new life at the Rescue Mission.