APRIL 2014 - CHAPEL AND KITCHEN SERVING SCHEDULE

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christ</td>
<td>Calvary Chapel of Salt Lake</td>
<td>2 South Mountain Community Church - Chapel and Kitchen</td>
<td>Salt Lake Community Center</td>
<td>Mt Olympus Presbyterian</td>
<td>Bible Baptist</td>
<td></td>
</tr>
<tr>
<td>is risen!</td>
<td>Kitchen: Intermountain Baptist Youth</td>
<td>Kitchen: Korean Presbyterian Church of Utah</td>
<td>Kitchen: Southeast Youth Group</td>
<td>Hilltop United Methodist Church</td>
<td>Kitchen: South Valley Community Church</td>
<td></td>
</tr>
<tr>
<td>6 Grace City Church</td>
<td>7 Road to Freedom Biker Mission</td>
<td>8 Unity Baptist</td>
<td>9 Northern Utah Mennonite</td>
<td>10 Millican Baptist</td>
<td>11 Hilltop United Methodist Church</td>
<td>12 Berea Bible</td>
</tr>
<tr>
<td></td>
<td>Kitchen: Southeast Youth Group</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13 Calvary Chapel Salt Lake - Chapel and Kitchen</td>
<td>14 Intermountain Baptist</td>
<td>15 K2 - The Church</td>
<td>16 Capital Church</td>
<td>17 Wasatch Christian</td>
<td>18 Discovery Christian</td>
<td>19 Evangelical Free Church of Salt Lake</td>
</tr>
<tr>
<td></td>
<td>Kitchen: Southeast Youth Group</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 Alpine Church Church</td>
<td>21 Sandy Ridge Community Church</td>
<td>22 Canyons Church</td>
<td>23 First Methodist Church</td>
<td>Tooele Christian Fellowship</td>
<td>Midvalley Bible Church</td>
<td>26 Capital Church</td>
</tr>
<tr>
<td></td>
<td>Kitchen: First Baptist Tooele</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27 Grace Community Bible</td>
<td>28 Living Waters Christian Fellowship</td>
<td>29 Potter's House Christian Fellowship</td>
<td>30 First Presbyterian Church of Salt Lake</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

It’s not too late to support our annual Easter Celebration for homeless and low-income families here in Salt Lake. Held on April 19 – the Saturday before Easter – we are planning to serve over 1,500 meals. There will be free clothes, an Easter egg hunt and carnival games for homeless and low-income kids. There will also be music by local churches and an invitation for the homeless to join the Mission’s New Life Program – a free program that helps people get out of homelessness and into sobriety, employment and housing.

We are still low on several items needed to make our Easter Banquet complete, so please consider using the enclosed envelope to donate today! If you would like to help serve at our Easter banquet, please give us a call at 801.355.1302 and ask to speak with our volunteer coordinator.

**RESCUER**

The Monthly Newsletter of the Rescue Mission of Salt Lake

**DON NICHOLSON:**

From a Six-Figure Job to the Rescue Mission

It was 2001 when I gave up on life. I was standing at the top of the Eiffel Tower, looking out over Paris. I asked myself, “What is the purpose of all of this?” Life seemed empty and meaningless.

The five years leading up to my Eiffel Tower epiphany had been taxing. Growing up working in the oil fields of Vernal, Utah, I rose through the ranks of an oil company and became an instrument control manager stationed off the coast of Angola. I was making $120,000 a year and had over $200,000 saved for retirement.

Losing It All

Working overseas meant an unusual schedule. I would work for 28 days straight, living on an ocean-based rig. Then I would have 28 days off. I was completely dry, which meant that alcohol was not allowed. So for the 28 days I worked, I was sober. But the minute I left the rig, I would start drinking and would not stop drinking for the next 28 days. It was like that the entire time I worked overseas.

At home in Vernal, I was married to a woman I didn’t love. This was my third marriage, a rebound response to the loneliness I felt when my second – and longest lasting – marriage fell apart. The first time I got married, I was only 19 and it lasted for six months. But my second wife, Jeri, was the true love of my life. We stayed together for over 12 years and the hole that was left in my heart when our marriage ended couldn’t be filled, even by alcohol.

Many times, coming back from Angola, I would route my flight home through Europe so I could spend some of my 28 days off seeing the sites. This time, in Paris, I was depressed, unable to stop drinking, disconnected from God and living in what I felt was a loveless marriage. Looking back, I can see why I gave up on life. When I returned to the oil rig, I told my bosses I was quitting. Back in Vernal, I told my wife I didn’t love her and wanted a divorce.

I took my savings, secured a rundown apartment in Vernal and started drinking every day. Over the next three years, I spent my life’s savings on alcohol. I wasted my days locked inside my apartment and kept two half-gallon bottles of vodka in my home at all times. The only time I would leave

please see “Don Nicholson” on Page 3

Web: rescuesaltlake.org
Email: info@rescuesaltlake.org
Phone: Main – 801.355.1302/Finance Office – 801.746.1006
Mail: PO Box 1431, Salt Lake City, UT 84110
Physical Address: 463 S. 400 West, Salt Lake City, UT 84101

**YOUR TAX RETURN CAN HELP**

April means tax season and many will be getting a refund from Uncle Sam. If you are getting money back this year, please consider helping the homeless by sharing some of your refund with the Rescue Mission.

We are always in need of April donations to help us get through our difficult summer months, when donations slow down, but the need for food, shelter, clothing and our New Life Program continues. There are many ways to give. You can send a check in the enclosed envelope, click on one of the donation buttons at rescuesaltlake.org or call our finance office at 801.746.1006 to make a donation by credit card over the phone.

He is risen, indeed!

**APRIL 2014**

**CHAPEL AND KITCHEN SERVING SCHEDULE**

**SUPPORT OUR EASTER BANQUET**

**RESCUER**

The Monthly Newsletter of the Rescue Mission of Salt Lake
It was strange to be so isolated in the town where I spent most of my life. I moved to Vernal in the fifth grade after my parents divorced. Previously, we had been living in Seattle. I was the youngest of four children and went to Catholic school. When my parents told me they were getting divorced, I remember going to school and praying that it wouldn’t happen.

It was frightening for me to think of life without both a mother and father. In Vernal, I was shocked to find out that not everyone in the world was Catholic and that some people had different thoughts about how the world worked. I became a loner and spent more time reading books than with friends.

During this Easter season, I am reminded that the Rescue Mission is really just an extension of what Jesus did. He “remembered the poor,” namely, all of us human beings. He came to Earth, was tempted just like us, suffered just like us, but never sinned, so that the One who had no punishment for His own sin could take the punishment of others. God’s wrath fell on Jesus instead of us. And after the cross, Jesus rose from the grave and ascended into Heaven to give hope to those that hope in Him. We know that death is not the end, but that forgiveness and everlasting life with God are available to those who trust in Jesus.

During this Easter season, I am reminded that the Rescue Mission is really just an extension of what Jesus did. He “remembered the poor,” namely, all of us human beings. He came to Earth, was tempted just like us, suffered just like us, but never sinned, so that the One who had no punishment for His own sin could take the punishment of others. God’s wrath fell on Jesus instead of us. And after the cross, Jesus rose from the grave and ascended into Heaven to give hope to those that hope in Him. We know that death is not the end, but that forgiveness and everlasting life with God are available to those who trust in Jesus.

It’s a familiar theme that I have experienced in my eight years at the Rescue Mission. Demand is ever increasing; please help support these services are expected to decrease in 2014.

“Nearly three-fourths of the cities expect that resources to provide emergency food assistance will decrease over the next year,” Memphis Mayor A.C. Martin said. “[And] in 62 percent of the cities where resources to provide emergency shelter are expected to decrease over the next year. It’s a familiar theme that I have experienced in my eight years at the Rescue Mission. Demand is ever increasing; please help support these services are expected to decrease in 2014.

“These are not just numbers, they are lives impacted!”

The assessment how your gift helps Our Stats

JESUS MEETS THE EVER-PRESENT NEED

A few months ago, the U.S. Conference of Mayors released its 31st Annual Assessment of Hunger and Homelessness. The assessment included data from 25 major U.S. cities, including Salt Lake. While the report noted that homelessness in Salt Lake had decreased 14 percent, there had also been an increased demand for food and shelter space last year. So while more people are being lodged in subsidized housing for the chronically homeless, the need for food and emergency shelter continues to rise here in Utah. And despite the great need for food and shelter assistance, finances available to support these services are expected to decrease in 2014.

“Nearly three-fourths of the cities expect that resources to provide emergency food assistance will decrease over the next year,” Memphis Mayor A.C. Martin said. “[And] in 62 percent of the cities where resources to provide emergency shelter are expected to decrease over the next year. It’s a familiar theme that I have experienced in my eight years at the Rescue Mission. Demand is ever increasing; please help support these services are expected to decrease in 2014.

These are not just numbers, they are lives impacted!

2014
February 2014
X

Professions of Faith
13
13
Meals
10,155
30
10,457

Family Food Boxes
235
235

Nights of Shelter
3,674
3,936

Clothing
4,135
7,617

Day Service/Hygiene
393
805

6,460 meals
19,720 meals

My Family Breaks Up

It was strange to be so isolated in the town where I spent most of my life. I moved to Vernal in the fifth grade after my parents divorced. Previously, we had been living in Seattle. I was the youngest of four children and went to Catholic school. When my parents told me they were getting divorced, I remember going to school and praying that it wouldn’t happen.

It was frightening for me to think of life without both a mother and father. In Vernal, I was shocked to find out that not everyone in the world was Catholic and that some people had different thoughts about how the world worked. I became a loner and spent more time reading books than with friends.

When I was 14, my older cousin introduced me to alcohol. When I drank, I felt transformed. Instead of being a shy introvert, I actually felt comfortable being around people.

When I turned 18, I started working in the oil drilling business that employed so many young men in the Uintah Basin. At 23, I married Jeri. We followed a job transfer to Evanston, Wyoming and had a son together. Life was good. We were active in church and I even taught a ninth grade Sunday School class. Still, I drank most every weekend, and soon my wife joined me. We started going to dance clubs and our drinking habits continued to grow. We quit going to church in 1995, after 12 years together, our marriage fell apart. After divorcing, I quickly remarried a woman I didn’t love and transferred overseas to Angola.

Out of Money and Locked Up

After drinking away all my savings, I realized that I needed to find a job. I started working at a “fishing” rental company. We rented equipment to oil-drilling companies for retrieving tools or other items that accidentally fell into their wells. The job wasn’t great and paid far less than I was used to, but at least I had money to buy alcohol. In 2008, I was married for the fourth time to a woman I met at Alcoholics Anonymous. We were both trying to stay sober and thought we could help each other away from vodka. Instead, we started drinking together. We were drinking so much that we would black out (getting drunk, but not remembering what had happened the next day).

During some of our black-out sessions, we fought and the fighting became physical. The cops were called many times and usually it was I who was blamed for scratching or hitting me. One night, however, I grabbed her and was arrested for aggravated assault. I was given six months in the Uintah County Jail.

After four months in jail, I came across a brochure for the Rescue Mission of Salt Lake. I picked it up and took it to back to Bill Bright with me. I love going to Calvary Chapel on Sundays and am learning more about who God is and how I can serve Him better.

I have graduated from The New Life Program and am living at the Terr Timmerman Freedom House, the Rescue Mis- sion’s transitional housing complex. I have a good job at an instrument control company, where I prewire electric par- cels for submarines. When I am off probation for my assault charge, I hope to work in the oil drilling business, this time as a sober follower of God.

I know my struggle is far from over, and I am not one who counts the number of days, months or years I’ve been sober. Instead I say, “By the grace of God, I won’t drink today.” Please pray that I would stay close to Him and continue to grow. And most of all, thank you for supporting the Rescue Mission and giving a person like me a second chance at life.