Lowering body temperature and rehydrating are the best ways to fight heat stroke and heat exhaustion. That's why we are praising God for the new industrial swamp cooler that is chilling our chapel on these blistering summer days.

With this serious problem in mind, we feel blessed to give our homeless friends access to our chilly chapel during this summer. The coolness reduces body temperature and, once inside, the homeless will have enough water to ensure they don't become dehydrated. We also supply convenient and safe restrooms. Of course, we are not just helping with physical needs. We hope that our homeless friends will experience love and respect inside the Rescue Mission, and that this will influence them to consider our New Life Program, which helps people come to faith in Christ, get off the streets, have victory over addiction and obtain employment and housing.

Also, remember our “summer slump” is the time from June to August when gifts to the Mission slow down, but the number of people needing help stays the same or even increases. Please visit RescueSaltLake.org or use the enclosed envelope to make a donation today.

Your gift will help us ensure that we don’t have to turn anyone away this summer!

**JULY 2014 - CHAPEL AND KITCHEN SERVING SCHEDULE**

<table>
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<tr>
<th>Sunday</th>
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<th>Tuesday</th>
<th>Wednesday</th>
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<td>1 Calvary Chapel of Salt Lake</td>
<td>Kitchen: Intermountain Baptist Youth</td>
<td>2 South Mountain Community Church - Chapel and Kitchen</td>
<td>3 Salt Lake Christian Center</td>
<td>4 Mt Olympus Presbyterian</td>
<td>5 Bible Baptist</td>
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<tr>
<td>13 Calvary Chapel Salt Lake - Chapel and Kitchen</td>
<td>14 Intermountain Baptist</td>
<td>15 K2 - The Church</td>
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<td>18 Discovery Christian</td>
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<td>20 Alpine Church</td>
<td>21 Sandy Ridge Community Church</td>
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<td>23 First Methodist Church</td>
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<td>25 Midvalley Bible</td>
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<td>27 Grace Community Bible</td>
<td>28 Living Waters Christian Fellowship</td>
<td>29 Potter’s House Christian Fellowship</td>
<td>30 First Presbyterian of Salt Lake</td>
<td>31 Calvary Mountain View</td>
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**SUZIE GREGORY: A Year of Sobriety and a Fresh Hope**

My name is Suzie Gregory, and last July I was out of money, had burnt all my bridges and faced a tough choice: spend the night at Pioneer Park in downtown Salt Lake City or go live at the Rescue Mission’s women’s facility. One choice meant safety, food and support. The other was scary and unpredictable. Still, the one thing Pioneer Park had going for it was that I could continue my seemingly uncontrollable drinking habit, which had come to dominate my life.

Safety won out, and on July 17, 2013, I spent my first night at the Rescue Mission. For the next two weeks, I called everyone I could think of. I begged my ex-husband, my family, the father of my daughter, ex-boyfriends and friends to come get me.

Nobody came. I had always been able to find someone who would take me in, but this time it was different. I was annoyed. I didn’t want to stay at the Rescue Mission one minute longer than I had to. The only thing that kept me there was the fear of having nowhere else to go but the streets.

Looking back, I truly believe it was God who closed all those doors, ensuring I stayed at the Rescue Mission. It wasn’t until I had been there for several months that I finally yielded to God and decided to finish the Mission’s New Life Program.

**Realizing I was Broken**

When I first arrived at the Rescue Mission’s women’s facility, I felt out of place. Speaking to the women there, I learned that most of them had experienced traumas in their lives. While my parents divorced when I was three years old, I felt like their split didn’t impact me. Growing up in central California, I enjoyed having a “mommy home” and a “daddy home.”

But when I started to dig deeper probing my motivation for using alcohol and drugs, I kept going back to the divorce. As a true “daddy’s girl,” I was crushed when my father remarried. I happened when I was in seventh grade and had been living with him in Utah. I went from being the apple of my father’s eye to sharing him with a wife and two new stepdaughters, who happened to be close to my age. While it might sound silly, my father’s remarriage really crushed me. I wondered why I wasn’t enough for him. Why did he need a wife and other daughters when he had me? I started acting out with drugs, alcohol and sexual relationships in order to get my father’s attention. When I was a

**Connect with us**

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Although her alcohol addiction had left her nearly dead, today Suzie Gregory has a great job, her own apartment, renewed relationships with her kids and a real relationship with God.

Please see “Suzie” on Page 3
BEATING THE HEAT FOR ETERNITY

A friend of mine who regularly takes tour groups to Israel recently invited me to see the Holy Land with him. It was an awesome, and if you ever have a chance, I highly recommend it. One highlight was visiting Jacob’s Well, a deep well that, in Jesus’ day, was almost a mile from the small Samaritan town of Sychar. The women of Sychar walked every day to draw fresh, clean water from the deep, cold well. I was at this well where Jesus met a woman whom He simply asked, “Will you give me a drink?”

Jesus probably felt a lot like our homeless friends that day. He was tired, probably hot from walking in the sun, and wanted to sit and have a drink of water (John 4:6). In the mist of their conversation, the Samaritan woman realized that Jesus was a prophet. But Jesus wanted her to see Him as He truly was, the Son of God. He said something she didn’t understand at first. “Everyone who drinks this water will never thirst. Indeed, the water who drinks this water will never thirst again, but whoever drinks the water I give them will never thirst. Indeed, the water that I will give them will become in them a spring of water welling up to eternal life.” (John 4:13)

The woman came to realize that this spiritual water was Jesus himself. Believing in Him for forgiveness and following Him with the help of the Holy Spirit is what brings eternal life — quenching the spiritual thirst that strives inside every human being.

Jesus often works like He did with this woman. He would regularly focus on a physical need — in this case, thirst — to lead people to a deeper spiritual truth. He did this with the five loaves and two fishes, as well as the many people whom He healed physically. The immediate need was always a conduit to teaching about the spiritual reality of who Jesus is and what His personal needs are.

At the Rescue Mission, we try to follow this model of ministry whenever possible, like in the case of this summer’s swimming event. In this edition of the Rescuer, you can read about the new industrial swamp cooler in our chapel. This gracious gift from a donor allows us to provide a “chill zone” in addition to refreshing water for the hot, tired, homeless individuals in our community.

By solving the immediate needs for water, shade and cool temperature, we attract people. Then we take the opportunity to show that physical needs are not most important. From the simple sharing of the Gospel to our comprehensive New Life Program, we make sure our hot and tired homeless friends consider their spiritual thirst and know how it can be quenched.

It was an incredible experience to visit Jacob’s Well in Israel, to sit where Jesus sat and think about the conversation He had with the Samaritan woman. I was fortunate to drink from the well’s water, which comes up in a tin bucket after a 120-foot drop (check out the picture of me at the well, which now has a church built around it, on the left). While the water was cold and refreshing, I eventually grew thirsty again, as all who drink water will. Praise God for Jesus who quenches our spiritual thirst forever. Join me in praying that many of our homeless friends would know the quenching joy of faith in Jesus.