### CASSIE WARNER: A FEMALE COUNSELOR AT A MEN'S FACILITY



Here at the Rescue Mission, we have traditionally maintained a strict gender line in terms of counseling. Simply put, we have placed male counselors at our men's facility and female counselors at our women's facility. In August of 2013, however, after consulting other rescue missions across the nation, we made the decision to hire a female substance abuse counselor at our men's facility. A year later, The Rescuer sat down with Cassie Warner to get her impressions after one year on the job.

"I feel like this is where I was meant to be. When I first came here, I wasn't sure how the men would respond to me," Cassie said. "But I was surprised at how easily the men accepted me."

Cassie is a licensed clinical social worker with a Master's Degree from the University of Utah. While she had extensive experience as a social worker, she had never worked with homeless men before.

"The most interesting part for me has been seeing through the notion that homeless people are those you should fear," Cassie said. "In getting to know them and learning about their backgrounds, I've found that they are regular people. They are not like their stereotype at all. In fact, they are more grateful than most people. They are so thankful when someone notices them or

cares about them for a change."

The men who call Cassie "counselor" say that she is easy to talk to. Oftentimes, there is a bravado or a front that exists in male-to-male relationships that doesn't exist in female-to-male relationships. So some men feel more comfortable opening up about sensitive topics to a female counselor as opposed to a male counselor.

"She's the best," Program member Wes Moore said.

Cassie says she knows the Rescue Mission is where God wants her. Two weeks before she was hired last August, she wrote in her journal that she would work wherever God wanted her. She told God she just wanted a place where she could serve Him and be around people who needed to know about Jesus.

"I think all my life experiences leading up to this job have been in preparation for it," Cassie said. "God needed to teach me some things before he could use me."

Please join us in praying for Cassie and all the counselors and case managers at the Rescue Mission. Our counselors are tools God uses to instill hope, recovery and a new life into homeless people here in Utah. They need your prayers as they work on the front lines of our battle to end homelessness and addiction and enable people to achieve their highest God-given potential.

#### SEPTEMBER 2014 - CHAPEL AND KITCHEN SERVING SCHEDULE

| Sunday   | Monday                                      | Tuesday                                 | Wednesday  | Thursday  | Friday                                | Saturday  |
|--|---|---|--|---|---------------------------------------|---|
|  | 1 Road to<br>Freedom Biker<br>Mission       | 2 Calvary Chapel<br>of Salt Lake        | 3 South Mountain<br>Community<br>Church - Chapel<br>and Kitchen    | 4 Salt Lake<br>Christian Center                   | 5 Mt Olympus<br>Presbyterian          | 6 Bible Baptist   |
|  |   | Kitchen: Intermountain<br>Baptist Youth |  | Kitchen: Korean<br>Presbyterian Church<br>of Utah |                                       | Kitchen: South<br>Valley Community<br>Church                |
| 7 Grace City<br>Church                                 | 8 Intermountain<br>Baptist                  | 9 Unity Baptist                         | 10 Northern Utah<br>Mennonite<br>Kitchen: Southeast<br>Youth Group | 11 Millcreek<br>Baptist                           | 12 Hilltop United<br>Methodist Church | 13 Berean Bible   |
| 14 Calvary Chapel<br>Salt Lake - Chapel<br>and Kitchen | 15 Bennion<br>Christian Center              | 16 K2 - The<br>Church                   | 17 Capital Church  | 18 Wasatch<br>Christian                           | 19 Discovery<br>Christian             | 20 Southside<br>Church of Christ<br>- Chapel and<br>Kitchen |
|  |   |   |  | Kitchen: Capital<br>Church                        |                                       |   |
| 21 Alpine Church                                       | 22 Living<br>Waters Christian<br>Fellowship | 23 Canyons<br>Church                    | 24 First<br>Methodist  | 25 Tooele<br>Christian<br>Fellowship              | 26 Midvalley Bible                    | 27 Evangelical<br>Free Church of<br>Salt Lake               |
|  |   | Kitchen: First<br>Baptist Tooele        |  |   |                                       |   |
| 28 Grace<br>Community Bible                            | 29 Gateway<br>Community<br>Church           | 30 Bennion<br>Christian Center          |  |   | GAR.                                  | OA V  |

# RESCUER

SEPTEMBER 2014



The Monthly Newsletter of the Rescue Mission of Salt Lake

RescueSaltLake.org

### KALEB HANLY: A Musician Finds a New Song

My name is Kaleb Hanly. I used to be part of a band that played in venues as far away as Ireland. If you would like, you can listen to my music on iTunes or visit my website: kalebhanly.com.

But all my musical success came before I grew into an alcoholic. My addiction led me to do something I never thought I would do — walk into the Rescue Mission of Salt Lake and ask for help. I couldn't believe I was prepared to live in a homeless shelter. At first, the experience shocked me. But after a few months, I realized that the Rescue Mission was just the place I needed to be.

I grew up in a good home in Orange County, but felt like my family lived two lives. The first life was the one we lived when we went to church, and the other life was when we were in the privacy of our home. When we were at home, we argued, fought and were mean to each other. I felt like our entire family had anger issues. Our home life gave me a distorted view of Christianity. It seemed like the whole thing was about acting one way in front of church people and then acting another way in real life.



Despite some issues at home, I have good memories of my childhood with my brothers and parents. As I went through high school, I stayed away from drugs and alcohol and got into skating and music. When we turned 18, my twin brother and I moved to Hawaii to try surfing. We were beach bums for a while, but my twin grew tired of surfing and he moved back home with my parents, who had relocated to Utah.

Eventually, I moved to Los Angeles to get more involved in the music industry. There I met a chiropractor who was a

## Appreciation Banquet Save the Date!

Please join us for an appreciation banquet on November 7 at Good Shepherd Lutheran Church, 8575 S. 700 East. We want to thank all our supporters and volunteers and share more about what God is doing at the Rescue Mission. Call our finance office at 801-746-1006, email masha@rescuesaltlake.org or register online at rescuesaltlake.org to secure your place. Space is limited for this event, so register early!



Kaleb Hanly's band once went on a music tour in Ireland. When alcoholism took him to rock bottom, he came to the Rescue Mission for help.

Christian. I had injured my back, and some people told me that this man was a miracle worker. It turns out they were right. This guy prayed over my back and I felt instantly healed. I had never experienced anything like that before and I really felt that God used this man to do a miracle. Later, he asked me if I was ready to start following Jesus, but I was non-committal. Deep down, I didn't want to give my life to Jesus; I wanted to live for myself. I knew that if I started following Jesus, I would have to quit women, quit drinking and (in my mind) quit having fun.

Some friends and I started a band called Cowboy Robot. We started partying a little bit and were drinking regularly and hooking up with girls. We gained a following, produced an

please see "Kaleb" on Page 3

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# WE'RE THANKING GOD AND OUR DONORS FOR NEW FURNITURE



#### Earlier this year, we were able to provide

new furniture in the semi-private rooms where members of our New Life Program live. While this might not seem like a big deal, it was a huge deal for the people we serve here at the Rescue Mission.

Thanks to generous gifts from our donors, we were able to standardize all the furniture in each of our rooms. This new furniture is not only a nice amenity for people who are not used to having nice things, but it also ensures that furniture will not be a stumbling block for anyone looking to turn their lives around. Previously, "room equality" has been an issue in the New Life Program. Some of our rooms had better furniture than others, with differing amounts of wardrobe space. While these issues might seem insignificant, they can become a root of bitterness for members of our New Life Program. So our new furniture provides everyone with equal space and takes away the chance for jealousy to take hold in someone who may be a very new follower of God.

We were also able to provide some dresser and locker space in our homeless dorm for the men who are applying to the New Life Recovery Program. This enables the men who are just starting their life of recovery to begin accumulating personal possessions and helps to ensure the dorm stays neat and clean for all.

To the people we serve, these "small" upgrades mean a lot. When they see a new dresser or locker, they realize that there are people out there who care enough to help provide for them and ensure they have the help they need to live a new life. Hopefully, through these simple changes, our homeless friends and program members experience the love of Christ and our caring community so that they have the hope, courage and strength to make what will likely be their toughest decision -- to change their life.

It's amazing to experience the blessing that comes when the Rescue Mission receives support from the community and then uses that support to bless our homeless friends. I wish everyone who gives to the Rescue Mission could see what I see - the genuine joy that hurting people experience when someone shows love to them. Whether it's a hot meal, a warm bed, a clean shirt, help on a job application or a new dresser, everything we give is received with great appreciation.

Thank you for supporting the Rescue Mission and showing your love and God's to the poorest people in our community. Your gifts are making a difference and changing lives.

God bless you,

Chris D. Croswhite Executive Director



Above: New wardrobes and dressers for our homeless dorm. Below: New dressers for members of our New Life Program.



# Our Stats how your gift helps

July 2014 YTD 2014 190 Professions of Faith Meals 13.502 91.712 306\* 1,814\*\* Family Food Boxes **Nights of Shelter** 4,050 28,827 Clothing 9,415 55,592 Day Service/Hygiene 395 2.513 \*6 120 meals \*\*36,280 meals

These are not just numbers, they are lives impacted!

# KALEB: Continued from Page 1

album and secured a record contract. The record money was earmarked for promoting a concert tour. We decided to do the tour in Ireland, because it's often easier to gain a larger following in Europe than starting out in the States.

We had a great time in Ireland. We played a lot of venues and even did some street playing (called "busking") where we would open up a guitar case on the sidewalk and have impromptu concerts. People would buy our CDs right out of the guitar case or just throw a few dollars in. We did some of our best business playing on the streets.

#### Breaking Up The Band

While I thought things were going great, it turned out that my fellow band mates didn't. Unexpectedly, they informed me that they wanted to break up the band. I was suddenly in Ireland without a band and without money. I was able to make it back to L.A., but after living in Ireland for a year, Southern California just didn't seem the same. In Ireland, there was a sense of community. The streets were lively, people walked everywhere and there were great tea houses. In California, everyone drove everywhere and largely kept to themselves. I felt lost.

I decided to move to Utah to live with my parents for a while. The first year in Utah, I did well. I stayed away from alcohol and got a job at a medical device manufacturing company. Unfortunately, I became a workaholic. I was promoted to manager of the night shift, overseeing 60 employees. The responsibility and stress were overwhelming, and I eventually had a stress-related breakdown and was forced to leave my job.

After my breakdown, I wanted to simplify things. I moved out of my parents' house and got an apartment in the Avenues. I started dating a girl named Danna, but broke it off after a year because I felt guilty about sleeping with her.

I turned to the downtown Salt Lake music scene and starting writing music again. I was drinking again as part of the local music community, and entered into another relationship. My girlfriend got pregnant and had an abortion. Looking back, I know I should have dissuaded her from terminating the pregnancy but, at the time, I just took a hands-off, "do whatever you want to do" approach. I felt guilty and started drinking more and more. I became kind of a recluse. I worked as a waiter or cook at a few downtown restaurants, but outside of work, I didn't have a lot going on except drinking.

Danna and I started dating again, but when she moved to Texas, we became long-distance friends. We still talked a lot, especially through social media. But in July 2013, I found out that Danna had gotten onto a motorcycle with a drunk driver. He crashed the bike, and she was killed. After she died, I tried to suppress my emotions by drinking more and sleeping with random women. I needed something to distract me.

After a month or so, I looked in the mirror and said, "I'm pretty much an alcoholic." I didn't really see any way I could stop drinking without help. I knew my dad had matured in his relationship with God, so I went to him for help. Since he works closely with the Rescue Mission of Salt Lake as a volunteer, he suggested I go there.

It was a hard decision for me. I wasn't sure about living in a homeless shelter, but the worst part was that I would have to give up my cell phone for six months. How could I live without a cell phone for half a year? It seemed impossible.

But I was in a really bad place and eventually realized that the Rescue Mission was the only place where I could get the spiritual help I needed to heal my broken soul. For the first few months, I hated the Rescue Mission. I was sick all the time and injured my ankle, so I was on crutches for several months. I looked around the Rescue Mission and thought, "I don't have problems; all these other people are the ones with the problems." But gradually I came to realize that I had problems, too.

#### The Decision That Changed My Life

One night in our evening chapel service, I felt God tugging at my heart. God was calling me to say "yes" to Him and live the life that I needed and wanted to live. When I finally said yes to God, I started to change. I began caring more about other people and the Bible started making sense to me. I was OK with living at a homeless shelter and felt that I had the power to persevere and make it through the New Life Program.

The rest of my time at the Rescue Mission was good. There were still difficulties, but God helped me through them. I had a great community discipler, Bruce Castor, who met with me each week. We read through a book called "The Search for Significance" together.

When I moved to the employment phase of the New Life Program, I got a good job cooking at Bambara, which is an upscale restaurant downtown. I am paid well and even have benefits. God has really blessed me as I have stayed sober this past year.

Maybe the neatest thing God has done was to give me a real passion for worship music. A good friend of mine, Johnny Cowen, is a local worship pastor and we have been working on some music together. Several church plants in the downtown area have also had me come in and lead worship for their congregations from time to time. It's been a great experience. It's cool to do what you love, but still be serving God.

Moving forward, my goal is to be controlled by God. I want to reject the ever-present push to be ruled by money, possessions, sex and alcohol. I want to continue to do music and use my talents to glorify God rather than myself. Please pray that I would not turn back to alcohol and that I would stay close to God. Please also pray for my purity and that I would one day find the right girl, settle down and have a family.



Cowboy Robot is interviewed prior to a show in Ireland. Kaleb is at left with guitar. Courtesy: Chad Cheverier