

HOW WE HELP: CONTINUED FROM PAGE 2

decide to get off the streets and live a changed life.

For the working poor who are living below the poverty line we help with family food boxes, clothing and vouchers to our partner thrift stores. The working poor need simple things most of us take for granted so their families don't slip into homelessness. This past week a man stopped into my office and asked for a pair of steel-toed boots. He was desperate and blurted out, "I will pay you back for them. I have a job but they won't let me work without boots. I just don't have the money right now." I was excited to share that a donor named Cody, a friend of the Mission, had donated dozens of pairs of work boots when he closed his footwear business. The man had a surprised look on his face when I said –"yes we have boots, no you can't pay us for them. What size do you wear?" A pair of boots stopped a man from becoming homeless.

And we don't work in a vacuum. We actively partner with other homeless service agencies that specialize in areas we do not: The Fourth Street Clinic provides medical, dental and mental health treatment, Volunteers of America provides detox services and

specializes in homeless teenagers, while the Road Home specializes in housing for people who will never be able to care for themselves.


Homelessness is not a simple problem. It is complex and very personal to the specific person being helped. That is way we strive to help people in so many ways. Not just physically but spiritually, emotionally, socially, educationally, and any other way we can. We do this to Restoring Broken Lives in the name of Jesus Christ via; Rescue, Redemption, Recovery and Reentry.

Thank you for supporting the Mission and enabling all that we do. We could not do this without your partnership. Everything the Rescue Mission accomplishes is because of God and the supporters like you who stand with us. Thanks so much for being one of them.

God bless you,

Chris D. Croswhite
Executive Director

SEPTEMBER 2018 - CHAPEL AND KITCHEN SERVING SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Chapel: Bible Baptist Kitchen: So. Valley Comm. Church
2 Chapel: Gospel Grace Kitchen: Gospel Grace	3 Chapel: First Baptist West Valley Kitchen: First Baptist West Valley	4 Chapel: Calvary Chapel of Salt Lake Kitchen: Intermt. Baptist Youth	5 Chapel: SMCC Kitchen: SMCC	6 Chapel: RMSL Kitchen: Volunteers Welcome!	7 Chapel: Mt Oly Presbyterian Kitchen: Volunteers Welcome!	8 Chapel: Berean Bible Kitchen: Volunteers Welcome!
9 Chapel: Abundant Life Kitchen: Volunteers Welcome!	10 Chapel: Intermt. Baptist Kitchen: Volunteers Welcome!	11 Chapel: Unity Baptist Kitchen: Alpha Tau Omega - U of U	12 Chapel: Northern Utah Mennonite Kitchen: Southeast Youth Group	13 Chapel: Millcreek Baptist Kitchen: Volunteers Welcome!	14 Chapel: Hilltop United Methodist Kitchen: Volunteers Welcome!	15 Chapel: Southside Church of Christ Kitchen: Southside Church of Christ
16 Chapel: Abundant Life Kitchen: Volunteers Welcome!	17 Chapel: Bennion Christian Center Kitchen: Volunteers Welcome!	18 Chapel: K2 - The Church Kitchen: Volunteers Welcome!	19 Chapel: Discovery Christian Church Kitchen: Discovery Christian Church	20 Chapel: New Begins. Christian Fellowship Kitchen: Capital Church	21 Chapel: RMSL Kitchen: Volunteers Welcome!	22 Chapel: EV Free Church of Salt Lake Kitchen: Volunteers Welcome!
23 Chapel: Grace Community Bible 30 Chapel & Kitchen: Lifeline Community Church	24 Chapel: Living Waters Kitchen: Volunteers Welcome!	25 Chapel: Canyons Church Kitchen: First Baptist Tooele	26 Chapel: First Methodist Kitchen: Volunteers Welcome!	27 Chapel: Tooele Christ. Fellowship Kitchen: Volunteers Welcome!	28 Chapel: Midvalley Bible Kitchen: Volunteers Welcome!	29 Chapel: RMSL Kitchen: Volunteers Welcome!

RESCUER

SEPTEMBER
2018

The Monthly Newsletter of the Rescue Mission of Salt Lake



BILL LUND: At 65, He's Nowhere Near Ready to Retire

Editor's Note: The Rescue Mission's New Life Program is normally 13-months long. Yet when men and women need more time, like Bill, we add time and keep going. Flexibility is one of the many benefits of being a privately funded ministry. The government does not tell us when we have maxed out the services we can provide to a person. Thanks to you, we can keep helping until the need is met. We hope you enjoy learning about Bill's changed life, which was two years in the making at the Rescue Mission. You helped make it possible.

The first time I came to the Rescue Mission of Salt Lake I spent just one day. Then, I used some of the money I had left to travel back to Arizona. I believed that a homeless shelter in the middle of downtown Salt Lake was no place for me.

When I arrived back in Arizona I went to another Rescue Mission to get help. But I am grateful that the counselor I was working with in Arizona convinced me to return to the Rescue Mission of Salt Lake. Upon my return, I came to realize that I, as a life-long alcoholic, was no different from the homeless people in downtown Salt Lake City. They struggled with addiction and mental health just like I did. They are my brothers and I am theirs.

I recently graduated from the New Life Program, live in a good house in the Sugar House area, and have been sober for almost two years. I have gained a newfound



Bill Lund (left) is sober and enjoying life by taking selfies with his Rescue Mission counselor Greg Sheffield (right). These days Bill is toasting with delicious deli sandwiches instead of alcohol.

relationship Jesus Christ and have a solid job at the University of Utah.

With my life put back together I can take care of my 95-year-old mother, who is in an assisted living center. I have been able to reconnect with my sister who lives here in Salt Lake and just recently retired from the Utah Symphony. And I have rekindled my own musical talents and sometimes return to play guitar at evening chapel services at the Rescue Mission.

Please see "Bill" on Page 3.

CONNECT
with us

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HOW WE HELP: GIVING INDIVIDUALIZED HELP

Editor's Note: This month, we bring you an extended message from our executive director who shares the diverse ways your support helps the Rescue Mission address the individualized needs of the homeless in Utah.



The Rescue Mission of Salt Lake reaches out to homeless, hurting, and impoverished men and women in many ways, from crisis counseling, nutritious meals, the New Life Recovery Program or simply for a bus token for a ride home. The services we provide fall into three primary ways we fulfill our Mission statement of Restoring Broken Lives in the name of Jesus Christ via;

Rescue, Redemption, Recovery and Reentry.

Recovery Program: We offer a pathway off the streets for our homeless friends who struggle with addiction or mental illness. Our New Life Program packages Bible-based recovery curriculum, one-on-one and group counseling classes, work therapy, mentoring, Bible studies, chapel services, church attendance, job placement and transitional housing to create a life-changing process that helps people overcome the issues that caused their homelessness. In this holistic way, we see people have redemption in their relationships with their own self, with their family, with other people and with Jesus.

This is a personal process. Homeless men and women live at the Rescue Mission for 13 months or more working with mission staff members to learn about and address aspects of their lives that became destructive and life-defining. Providing a path off the streets is the main reason we are here and something we couldn't do without your prayers and support.

Transition Program: There is a common perception that the homeless are lazy. To be sure, some are. They lay out in our public parks or panhandle along our roadways. Yet, approximately 30 percent of the homeless people who seek shelter at the Rescue Mission each night are employed. These are men and

women are situationally homeless. They might have lost a job and not be able to find a new one right away. Or they might have a medical issue or may be fleeing from domestic violence or other difficult home situations.

For those in these temporary situations, the Mission provides our Transition Program for men and women who do not need our full recovery program. We help by providing safe shelter, meals, clothing, hygiene, bag storage during the day, job placement services and help to find housing. The Rescue Mission's staff members help them create resumes, practice interview skills, gain job referrals and receive housing placement. Most men and women on the Transition Program are with us for a few months while they stabilize and save money for an apartment. By providing case management and basic life needs, the Rescue Mission helps the situationally homeless get back on their feet and reenter society before they experience the downward fall into despair and chronic homelessness.

Emergency Services: This is perhaps what the Rescue Mission is most known for. We provide emergency services to those who live on the streets and to the working poor. For those who live on the streets, they are men and women who may not be ready to leave the streets, or they are so broken by life and situations they dare not hope to try. Some of these people are trapped in addiction, struggling with mental illness, PTSD or simply in bondage to the lies that have been beaten into them their entire life. Our goal for our homeless friends who have not joined the Transitions or New Life Program is to simply help keep them alive and build relationships and trust with them. With trust established, they may join our programs and end their homelessness.

We realize that some people—because they remain trapped in addiction or don't want to address a mental illness—will choose to stay on the streets. For those living on the streets, we provide the emergency services they need, like food, water, shelter and clothing. By providing these basic needs, we hope to show love. In showing love, we hope to inspire our homeless friends to make a change and

Continued: Please see "How We Help" on the Back Page.

BILL: CONTINUED FROM PAGE 1

With the Rescue Mission's help, my alcohol-related legal issues have been resolved and I am close to paying off my fine for a DUI I received a few years ago. At age 65, God has truly changed my life. The change began that day I joined the New Life Program.

One of my first days at the Mission they asked me if I believed in God. I told them, "If I believe that God exists, it's just because I am mad at Him." I thought a response like that would make the Mission staff reject me, but instead they said just said, "OK, we can work with that."

My attitude towards God began to change as I went to the daily Bible studies and met with my counselor Greg Sheffield. I realized that alcohol was like a false god to me. In my decades of drinking I would wake up and the first thing on my mind was what kind of alcohol I would drink and how I would get it. Alcohol always occupied my thoughts. At the Mission, I realized I needed to have the real God occupy my thoughts, not alcohol.

I also realized I needed to forgive my father for some things that had happened during my childhood. As I forgave him in my heart, I felt my attitude change. Before, I always thought people, or the world or God Himself were out to get me. I felt I was a victim of countless unfair acts. As God changed my heart, I saw the ways that God had worked to bless my life, even keeping me from hurting someone while I was driving drunk. I realized that the bad things that happened to me were usually my own fault, not God's or anyone else's.

Seeing God's goodness freed my soul from its dependence on alcohol, which had ruined so many things in my life. For 20 years I had owned a dental lab business. I would contract with dental offices to make ceramic teeth when people needed replacements. But my hands became so

shaky because of my alcoholism that I couldn't make the teeth molds anymore. I had other good jobs that I lost because of my drinking. In Arizona, for instance, I had worked for a rehabilitation company that helped the elderly and others who had physical or mental disabilities. My alcohol abuse cost me that job as well.

But that's why the change in my life has been so sweet for me and my family. Last month we had a birthday party for my mom. I played the guitar for her—some John Denver songs—and everyone was crying, because they knew how long I had gone without playing due to my alcoholism.

At 65, I still do have goals. I quit going to Westminster College when I was just a few credits away from graduating. I would like to go back and finish my degree, which is a double major in music and psychology. I think with that degree I could go into music therapy. I would like to do use music therapy to help Alzheimer's patients.

Music can bring connection to people with significant memory impairment. You can have other people, even family members, talk to those with memory impairment and see no engagement or recall. But play a Lawrence Welk song and those same memory-impaired people will come to life. There are also opportunities to use music therapy with troubled kids.

It's fun to be able to dream again. My ability to dream has only been made possible by the relationship with God I gained at the Rescue Mission. I am so thankful God led me to the Mission and used my counselor Greg Sheffield and the other staff to change my life. I also thank you, all the supporters of the Rescue Mission, for helping to make sure there is a place in Salt Lake that can help people like me have a changed life. Your support and God's help has made all the difference in my life.

"SEEING GOD'S GOODNESS FREED MY SOUL FROM ITS DEPENDENCE ON ALCOHOL, WHICH HAD RUINED SO MANY THINGS IN MY LIFE."

OUR STATS how your gift helps

These are not just numbers, they are lives impacted!

	July 2018	YTD 2018
Faith:	31	199
Meals:	15,047	94,938
Family Food Box:	113	841
Shelter:	4,240	31,775
Clothing:	3,990	31,404
Day Service:	1,628	9,643
Jobs:	5	33
Housing:	5	31