OUR NEW LIFE PROGRAM MEMBERS THANK YOU



Jonathan Elliott: I am grateful for all the support that I got here at the Rescue Mission so I can get back on track and continue to work on myself. Thanks everyone!



Dylan Prince: I am Thankful for being a part of the New Life Recovery Program, being able to fight my addiction. I finally have a support system for the first time in my life.



Connis Burt: I'm grateful for God's grace upon my life. I think of times I've been faithless and He remains faithful and for that I'm truly grateful.



Venus Maddox: The New life program was the answer to my prayers. All my life I wanted a family and to be somebody new. Jesus was the answer. Since coming here, I have discovered who I am. I am a daughter of the King of Kings.



Amber Rugg: I am thankful for a roof over my head, a bed to sleep in, and food to eat. I am grateful for the Rescue Mission, the tools I am learning, and for a God who loves me and forgives me on a daily basis.



Char Robinson: I am grateful to be alive and finally be in this safe, warm, anointed home. I am grateful for staff whom I can trust. I'm happy to have Godly people around me who teach me. I am so grateful for food as well and its good food at that!

NOVEMBER 2022 CHAPEL AND KITCHEN SERVING SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chapel: Calvary Chapel of Salt Lake	2 Chapel: SMCC	3 Chapel: Antioch Community Church	4 Chapel: Mt Oly Presbyterian	5 Chapel: Bible Baptist
		Kitchen: Calvary Chapel of Salt Lake	Kitchen: SMCC	Kitchen: Antioch Community Church	Kitchen: Email to Schedule*	Kitchen: So. Valley Comm. Church
6 Chapel: Gospel Grace	7 Chapel: First Baptist West Valley	8 Chapel: Unity Baptist	9 Chapel: Northern Utah Mennonite	10 Chapel: Millcreek Baptist	11 Chapel: Hilltop United Methodist	12 Chapel: Adventure Church
Kitchen: Gospel Grace	Kitchen: First Baptist West Valley	Kitchen: Lifeline Community Church	Kitchen: Email to Schedule*	Kitchen: Email to Schedule*	Kitchen: Hilltop United Methodist	Kitchen: Calvary Chapel of Salt Lake
13 Chapel: Abundant Life	14 Chapel: Discovery Christian Church	15 Chapel: RMSL	16 Chapel: Missions Door	17 Chapel: New Begins. Christian	18 Chapel: RMSL	19 Chapel: Southside Church of Christ
Kitchen: Email to Schedule*	Kitchen: Discovery Christian Church	Kitchen: Compassion Call	Kitchen: Email to Schedule*	Kitchen: Lifeline Community Church	Kitchen: Email to Schedule*	Kitchen: Southside Church of Christ
20 Chapel: Abundant Life	21 Chapel: Bennion Christian Center	22 Chapel: Canyons Church	23 Chapel: K2 - The Church	24 Chapel: Missions Door	25 Chapel: Midvalley Bible	26 Chapel: EV Free Church of Salt Lake
Kitchen: Email to Schedule*	Kitchen: Email to Schedule*	Kitchen: Email to Schedule*	Kitchen: Fresh Life Church	Kitchen: Fresh Life Church	Kitchen: Mudita Yoga	Kitchen: Email to Schedule*
27 Chapel: Gospel Grace	28 Chapel: RMSL	29 Chapel: RMSL	30 Chapel: RMSL	Remember to Support our Thanksgiving & Christmas Outreaches!		
Kitchen: Grace Community Bible	Kitchen: Email to Schedule*	Kitchen: Email to Schedule*	Kitchen: Email to Schedule*			

^{*}Email Dennis@RescueSaltLake.org to schedule your volunteer request.





The Monthly Newsletter of the Rescue Mission of Salt Lake

JORGE CHAY TORRES: A veteran gets help to get off the streets

Editor's Note: Several years ago, the Rescue Mission started its "Transitions" Program. We saw the need to help people off the streets who didn't need an addiction recovery program, but still needed help. Sometimes the transition off the street is quick—we help the person find a job, they save some money, we connect them with housing options, and the person grows in stability. Other times, the transition can be more complex. The program's goal is to provide flexibility based on individual circumstances and ultimately end homelessness in our community. This month, we bring you a life story of a man who has spent two years in our Transitions Program and is now ready to move on to a new life.

While I was born in Guatemala, I soon came to the United States and in the early 1970s there was a great need for U.S. Army soldiers. I joined the military and was active in the Army for several years and as a reservist for several more, even before officially becoming a U.S. citizen. After my military career, I worked as a machinist, eventually settling in Utah in the 1990s where I met my wife. We were both older in life. She had adult children from a prior marriage, but we hit it off. She had struggled with substance abuse after her marriage fell apart, but she had achieved sobriety.

We enjoyed life together and I have especially fond memories of us appreciating the time when the Olympics came to Salt Lake City. But one day, in November of 2004, she suddenly dropped down. The paramedics came but she had suffered a heart attack and was gone. The doctors told me that her previous



Jorge Chay Torres can smile now that he has a plan for an affordable retirement off the streets.

life of substance abuse likely contributed to her sudden passing.

For most of my life I had been a loner. I hadn't

Please see "Jorge" on page 3.

CONNECT WITH US

Web: RescueSaltLake.org

Social: facebook.com/rescuemissionofsaltlake - instagram.com/rescuemissionofsaltlake -

Twitter/@rescuesaltlake

Email: info@RescueSaltLake.org

Phone: Main - 801.355.1302/Donor Relations - 801.746.1006

Mail: PO Box 1227 Salt Lake City Utah 84110-1227

Physical Address: 463 S. 400 West, Salt Lake City, UT 84101

WHAT IT'S LIKE TO WORK IN THE RESCUE MISSION'S KITCHEN

I am so thankful for and amazed by our Chef and Kitchen Crew at the Rescue Mission. I often think there is no harder job in the food



industry than being a Chef at a Rescue Mission. Most restaurants have a fixed menu that do not change very often. They purchase the food they need to prepare what is on their menu with anticipated customer levels and have ample refrigerators, freezers, and dry storage to meet their needs.

It is a little different at the Rescue

Mission:

- We don't know what food will come in from donations, or what will be the freshest to use for a meal. Each day we look at what is in the pantry and start to plan the meals for the day from what is on hand.
- We have six distinct meal services a day. Three for our homeless friends and three for the men and women on our New Life Recovery Program. We do our best to serve the same meal to each group. If we don't have enough of some food items, the Kitchen Crew preps two meals based on what we have on hand. This could mean up to six or more different meals planed and prepared each day. This is especially true when we are low on food, and we have to serve two or three entrees to feed everyone that comes for the meal.
- We don't know how many people will show up at any particular meal service. We know the hour of the day we will open the door to the kitchen and have people walk in. We watch the weather, gauge the number of people in the day room, see how many of our friends are milling around outside, or already standing in line. Then we start cooking. We plan for our expected number and when more show up our Kitchen Crew cooks more.
- We are often blessed with kitchen volunteers for breakfast, lunch, and dinner to help prepare and serve the meal. Our volunteers rotate daily, so each day our Kitchen Crew looks at the schedule and prepares to train and lead the group that is scheduled to come in, since groups come in different sizes and always have varying cooking

skills and have different amounts of time that they are available to help.

Those of you who have prepared meals for your family or hosted a Thanksgiving dinner for friends and loved ones understand how hard it can be. Then imagine what it's like to not know how many people are showing up, but you know it will be a lot.

To be a Chef or on the Kitchen Crew at the Rescue Mission you need a desire to give back to a hurting community who may be so hungry and cold they forget to say, "thank you." We often say hope starts with a meal, because when that hurting person enjoys a hot meal, gratitude fills their heart and they can think about other things that matter: like where they are going to sleep for the night, or if they should join the New Life Recovery Program.

Personally, I am so thankful for our Kitchen Crew, volunteers, gift-in-kind donors, and financial donors. We would not be able to provide 250,000 meals a year without all this support. These are critical meals to our homeless community, men and women on the recovery program, and food boxes to families in need.

As you prepare and gather with family and friends at your Thanksgiving Feast, please remember those who have no place to go. Please pray for them that they would be able to break out of homelessness so next year they can celebrate with family and friends. Pray for strength and wisdom for our Kitchen Crew and Staff Team who are serving this community. Pray that they could say the right word at the right time to help heal a person's heart.

We are still preparing for our Thanksgiving and Christmas Banquets, as well as the meals we serve every day. Please consider dropping off a turkey, ham, or your favorite fixings to help our hurting community celebrate. You can also provide a gift to the Rescue Mission in the enclosed envelope to enable everything we do to help hurting people off the streets.

We are so thankful for you, who enable what we do "together" every day of the year.

Gratefully,

Chris D. Croswhite Executive Director

JORGE: CONTINUED FROM PAGE 1

developed many close relationships and losing my wife made me feel more alone than ever. I was in my early 50s and living in Utah only reminded me of the pain of losing my wife. I decided I would leave and travel around the country. I did odd jobs as I traveled to different states, picking up work and staying in a place for a year or so before moving on.

While I was sober, I was a vagabond and a loner. I had believed in God, but I felt sadness and loneliness causing me to drift further from Him. Still, I felt something (I know it now it was God) telling me to go back to Utah. I followed that voice and landed in Utah about three years ago. However, I ran into a problem many people in Utah face—I could not find housing that I could afford.

I had recently turned 70 and was receiving social security and a small military pension but couldn't really work anymore. My social security and pension together were not enough for rent in Salt Lake, let alone my other bills. With nowhere else to go, I turned to the Rescue Mission of Salt Lake for help.

At the Mission I learned about their Transitions
Program, which helps people who can't afford housing
or are temporarily homeless develop a plan to get off
the streets. I worked closely with the staff here and we
decided that if I could save some money, I would be
able to travel to live with friends and family who live
in a country where the cost of living is much lower. In
this country I could afford to support myself and help
my friends and family too.

It was a good plan but there were immigration requirements I had to meet to legally live there, including having a certain amount of money in a bank account to prove I could support myself.

As I have worked on the Mission's Transitions
Program, I have saved the needed money. As part of
the program, I have been working odd jobs, and have
been able to perform key translation services for the
Mission. When Spanish speakers come to the Mission
for help, I am able to explain how the Mission can help
them, how they can find employment, and how they
could navigate the recent pandemic.

Recently, Utah accepted a population of Venezuelan refugees who were allowed into the U.S. because they faced persecution in Venezuela. Several of these refugees ended up at the Rescue Mission and I was able to help them understand how to apply for jobs that fit their skills and connect them with other services to set them up for success.

Helping others has been a huge blessing to me and has helped change me. The change in my life has been the biggest blessing of my time on the Transitions Program. Like I said, I had been a loner most of my life. I had never spent time in a close group, like the one that exists at the Rescue Mission. You live with people, go to Bible studies and church with those same people, and serve alongside them.

I received a gift I hadn't had before, the gift of community. I found I didn't mind crying in front of a group when I was sharing about hard times in my life. People would confide in me and share things I know they needed to get off their chest. I thought, "I praise you Lord, for leading me back to Utah and this Mission where I could finally find friendships that have helped me have a brand-new relationship with You!"

Today I feel close to God in a way I hadn't before. With the money I've saved, I'm beginning the application process of entering the country that will be my new home. It will be a bit of a procedure and I will need to travel to California for a short time to work with the agency that is helping me with the move.

I look forward to this new chapter in my life and I thank all of the supporters of the Mission who have provided this place that helped me figure out a strategy to get off the streets, reconnect with my family, and have a retirement plan that does not include living on the streets. Your support has helped me learn how to have true friends and community with God and His people. Your support has created faith and joy in my heart. Thank you so much!

HOW YOUR GIFT HELPS

OUR STATS	2022 TOTALS (THROUGH SEPTEMBER)
Professions of faith	243
Meals	170,517
Family food boxes	1,239
Nights of shelter	48,926
Clothing	52,993
Hygiene Items	56,287
Day service	19,691
Jobs obtained	52
Housing obtained	45